Too much SERVICE?
A few tips from your ADAPP – ADVANCE Team.

Data show that women, in general, participate in more service related activities than men—this holds true for female faculty at MSU (based on 2009 ADAPP work/environment survey data).

Here are some quick tips related to service:

• When considering saying “Yes” to service requests ask the following:
  • Do you want to do this service?
  • Will this activity help you advance professionally?
  • What will be done with the data/report generated from the activity?
  • Could this be useful for a grant application (e.g. K-12 activity related to outreach)?
  • How often is this activity (weekly, monthly, yearly), for how long, and will there be work outside the meeting times?

  ○ If you decide to say “No”, here are some possible approaches:
    ○ This is a wonderful activity and would be appropriate for me post-tenure, but not at this stage in my career.
    ○ Unfortunately, I just agreed to a presentation for XXX group. I would be happy to participate next semester.
    ○ At this time I am not taking on any new commitments.

• Do not say “No” to ALL service activities; this could be interpreted to mean that you are not willing to do your fair share.