3.5 Mentoring Needs and Goal Setting Worksheet

Mentor: __________________________________________________________________________________
Mentee: ________________________________________________________________________________
Date of Meeting: _________________________________________________________________________

Goal: Teaching  "Goal met"  "Making Progress"  "No Progress"
Accomplishments: ____________________________________________________________
Obstacles: _______________________________________________________________________
New goal or strategy to overcome obstacles (if needed): _________________________________

Goal: Clinical Care  "Goal met"  "Making Progress"  "No Progress"
Accomplishments: ____________________________________________________________
Obstacles: _______________________________________________________________________
New goal or strategy to overcome obstacles (if needed): _________________________________

Goal: Research  "Goal met"  "Making Progress"  "No Progress"
Accomplishments: ____________________________________________________________
Obstacles: _______________________________________________________________________
New goal or strategy to overcome obstacles (if needed): _________________________________

Goal: Service  "Goal met"  "Making Progress"  "No Progress"
Accomplishments: ____________________________________________________________
Obstacles: _______________________________________________________________________
New goal or strategy to overcome obstacles (if needed): _________________________________

Goal: Self Development  "Goal met"  "Making Progress"  "No Progress"
Accomplishments: ____________________________________________________________
Obstacles: _______________________________________________________________________
New goal or strategy to overcome obstacles (if needed): _________________________________

Goal: Networking  "Goal met"  "Making Progress"  "No Progress"
Accomplishments: ____________________________________________________________
Obstacles: _______________________________________________________________________
New goal or strategy to overcome obstacles (if needed): _________________________________

Goal: Work/Life Balance  "Goal met"  "Making Progress"  "No Progress"
Accomplishments: ____________________________________________________________
Obstacles: _______________________________________________________________________
New goal or strategy to overcome obstacles (if needed): _________________________________

Goal: Additional Mentors  "Goal met"  "Making Progress"  "No Progress"
Accomplishments: ____________________________________________________________
Obstacles: _______________________________________________________________________
New goal or strategy to overcome obstacles (if needed): _________________________________